

NAME: _____

Vital Signs

Assignment: Perform a patient assessment on 3 different individuals. Try to get a mix of genders, body types and ages. As part of your assessment you must collect their vital signs. Be sure to document their name and be complete with their vitals. For example, respirations means more than merely stating 20/min. What is the quality and depth. Are there breath sounds? Stating “normal” for skin signs is unclear. What is the temperature, color including capillary refill and condition. You get the idea. Use your book or refer to your notes if you need help. See the reverse side of this sheet for an example. **BE COMPLETE** or you will redo the assignment!

Vital Signs	Pt. #1 M F age: Name:	Pt. #2 M F age: Name:	Pt. #3 M F age: Name:
Level of Consciousness			
Respirations			
Pulse			
Skin Signs			
B/P			
Pupils			
Temperature			

EXAMPLE:

Vital Signs	Pt. #1 M F age: 76 Name: Louie Lowcrotch
Level of Consciousness	Oriented x2 (person and location), Verbal
Respirations	22/min, shallow, with slight stidor
Pulse	92/min, weak and thready
Skin Signs	Pale, cool, and moist,
B/P	176/106
Pupils	P.E.R.R.L
Temperature	99.2 F.