

## Required Textbook: Spring 2012 H.ED 008 "Contemporary Health" On-line

Please read this Information Carefully. It should answer all of your questions.

- **Being an on-line course, it is imperative that students have the required textbook.**
- **Students will not be able to complete the quizzes or assignments without the book.**

### Required Textbook:

There is 1 required textbook. Please note that students can use the 2009 or the 2011 edition.

- "Essential Concepts for Healthy Living," 5th Edition Update, 2011. Authors: Sandra Alters and Wendy Schiff. Published by: Jones and Bartlett. Book ISBN: 978-0-7637-8975-6 (Release Date March 2010)

or

- "Essential Concepts for Healthy Living" 5th Edition, 2009. Authors: Sandra Alters and Wendy Schiff. Published by: Jones and Bartlett - ISBN: 978-0-7637-61998 (Release Date August 2008).

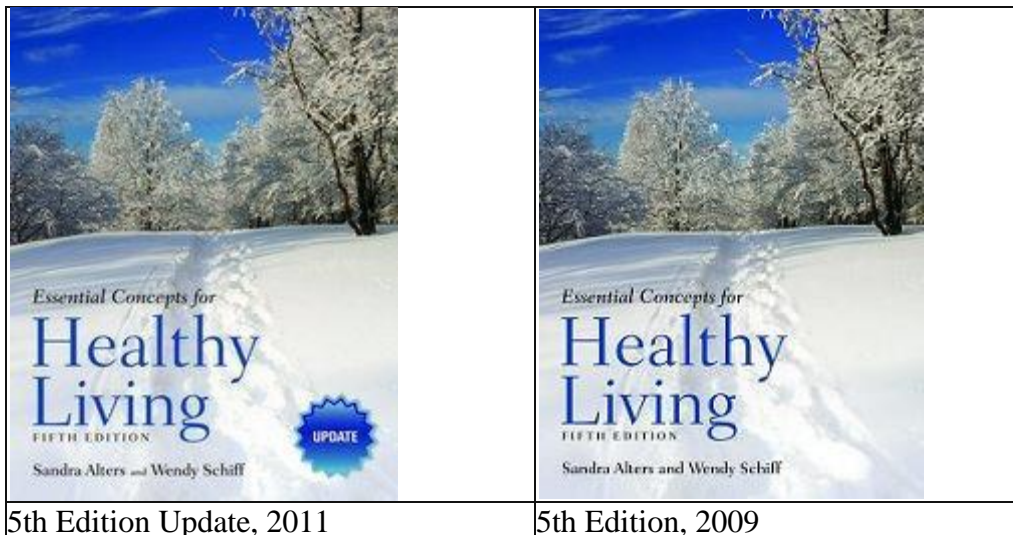
### What is the difference between these two editions?

One book is the 5th Edition Update 2011, the other book is the 5th Edition 2009. There are only a few minor changes and this will not impact your ability to do well in the class.

### Can I use an earlier edition of the textbook such as the 4th edition or earlier?

No. Any earlier edition is not acceptable for this class. Students can only use the 5th Edition Update 2011 or the 5th Edition 2009.

### What do the different editions of the textbook look like? (Can use either version)



**Do I need any of the other things available with the book? Such as the critical thinking workbook or the health assessments workbook, etc?**

No. These items are not used in the course.

**Is the textbook available to use in the West Valley library?**

There is a reserve copy of the textbook available for use inside the West Valley College Library. Please go to main checkout counter to "check out" the reserve text for library use.

**Where can I purchase the Textbook? (Please review all options and compare pricing to obtain the best value)**

**Option #1:**

Students can purchase a paperback textbook at the West Valley College Bookstore. When purchasing directly from the bookstore, please note that you are subject to the bookstores pricing and packaging arrangements.

Students can go to the campus bookstore to purchase the textbook. [Click here to view bookstore hours, click here.](#) [http://www.westvalley.edu/calendar/phone\\_hours/](http://www.westvalley.edu/calendar/phone_hours/)

Students can also purchase the textbook on-line from the campus bookstore. [Click Here to purchase on-line from campus bookstore.](#) <http://westvalley.bncollege.com>

**Option #2:**

Purchase the Electronic Textbook (E-textbook) from "CourseSmart." There is a substantial savings by using the E-Textbook and it will be available to you immediately after purchasing it. (Please note that the electronic book may be available at the campus bookstore. Please contact the campus bookstore for details).

Go to this link: [E-Textbook from the CourseSmart](#)

<http://www.coursesmart.com/essential-concepts-for-healthy-living-update/sandra-alters-wendy-schiff/dp/9781449606992>

Can also telephone "CourseSmart": call: **1-866-588-3197**

**Option #3:**

Students can purchase the required textbook from any college textbook website. Just make be sure that you are purchasing the correct book (use the ISBN number).

**Course Videos?**

To supplement the textbook reading, there are a series of course video clips that students will watch for each lesson. These videos are available "free" for students enrolled in this course and they can be viewed directly on your computer. Students must be logged into the ANGEL program to view the videos.